

PHILIP D. MURPHY Governor

SHEILA Y. OLIVER Lt. Governor GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE PO Box 345 Trenton, New Jersey 08625-0345

NeIL Van Ess Acting Chairman

CELINA LEVY Executive Director

RESOLUTION

Recognizing the Month of April 2021 as "Alcohol Awareness Month" in New Jersey

April 20, 2021

WHEREAS, Alcohol Awareness Month is a national public health awareness campaign sponsored by the National Council for Alcoholism and Drug Dependence (NCADD), developed in order to increase awareness and understanding of both the causes and treatment of one of our nation's top public health problems: alcoholism; and

WHEREAS, Alcohol Awareness Month provides an opportunity to educate communities about the dangers of unsafe alcohol consumptions and decrease stigma and misunderstandings in order to break down barriers to treatment and recovery; and

WHEREAS, alcohol is the most used substance by youth and adults, and an estimated 95,000 people (approximately 68,000 men and 27,000 women) die from alcohol-related causes annually, making alcohol the third-leading preventable cause of death in the United States; and

WHEREAS, according to the National Institute of Health (NIH) the National Survey on Drug Use and Health shows nearly 15 million people ages 12 and older had Alcohol Use Disorder, with the emerging trend of High-Intensity drinking, defined as consuming alcohol at levels two or more times the gender-specific binge drinking thresholds; and

WHEREAS, we know that individuals and families have experienced significantly increased stress during this pandemic, along with fear and anxiety, causing strong emotions, and leading to increased use of alcohol, which makes it important to know that telehealth and other online supports are available, accessible, and effective.

NOW THEREFORE BE IT RESOLVED that the Governor's Council on Alcoholism and Drug Abuse hereby recognizes the month of April 2021 as "Alcohol Awareness Month" in New Jersey.

BE IT FURTHER RESOLVED that copies of this resolution shall be transmitted to Governor Phil Murphy, the New Jersey Legislature, Department of Human Services-Division of Mental Health and Addiction Services, NCADD-NJ, County Alcoholism and Drug Abuse Directors and County Alliance Coordinators.

Neil Van Ess, Acting Chairman

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April 20, 2021

Date